



Warwick Workouts
Advanced Offensive Player Development Camps and Clinics

Powered by **Avera** Sports

Games & Competition Workout

1 day only Event (December 30th)

Location: Avera Sports Center (85th & Minnesota)

Friday, December 30th

2nd-4th grade boys & girls

9:00-10:30am

Cost: \$30

5th-6th grade boys & girls

10:45-12:45pm

Cost: \$35

7th-8th grade boys & girls

1:15-3:15pm

Cost: \$35

Athletes will be split by trainers for competitive games to allow for the best match-ups and even competitions.

Overview

- 20-30 minutes of skill work
 - Ball handling
 - Finishing at the rim
 - Shooting
- 45-60 minutes of competitive games
 - Shooting Competitions
 - Drilling Contest
 - 3 on 3
 - 5 on 5 etc.

Games will be supervised. Warwick Workout staff will help with the selection of the teams, organize the pick-up games and encourage good team play.

Athletes will receive Warwick Workouts - Custom Hype Socks or Stocking Hat

Register online at www.warwickworkouts.com

Find your session under the register HERE tab

**For More Information Contact
Kris at 605-391-6700 or Cody Schilling (712) 461-2316
warwickworkouts@gmail.com**



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